

SUPERVISING CHILDREN & ADULTS

IMPORTANT INFORMATION FOR THOSE SUPERVISING OTHERS

TO PREVENT CERTAIN INJURY, PLEASE REMEMBER THIS IS AN ADULT TRAINING FACILITY. CHILDREN AND NOVICE ADULT CLIMBERS MUST BE CLOSELY SUPERVISED AT ALL TIMES

OUR DEFINITION OF CLOSE SUPERVISION

Close Supervision means in full view and within close proximity; close enough to protect, to support and spot, should the child or adult feel unsafe or worse, fall. As the 'Competent Climber', you must use your experience to keep the climber safe.

'ONE ON THE WALL'

An adult can supervise one child under 8, or two children/adults aged 8 and over. HOWEVER, it is not physically possible for one adult to safely supervise two others who are climbing at the same time. It is also not possible for an adult to safely supervise someone else whilst they are climbing themselves. For this reason, Highball promotes a '**one on the wall**' policy – a common sense approach to safe climbing.

YOUR DUTY OF CARE

By signing in a guest, you are accepting responsibility for their safety when in the centre. You have a duty of care to your guest/s and must educate, promote and exercise best practice at all times. In particular:

- Emphasise the Risks of Climbing and the Dangers associated with the sport
- Use the facilities in line with the Conditions of Use and Rules of Use
- Ensure they climb well within their ability; choose suitable routes & problems
- Be aware of other climbers and keep your guest close and out of harms way
- Do not allow guests to run around on or 'play' on the soft mat.
- When roped climbing, guests can not belay unsupervised

...AND WHEN BOULDERING:

- Explain why the soft matting does not make bouldering safe
- Emphasise that **CLIMBING DOWN AND STEPPING OFF** is the safest way to descend a bouldering wall
- Be aware that for some, climbing down can be just as difficult as climbing up!
- Particular care must be taken around overhangs, arêtes and when turning corners; other climbers may suddenly swing away from the bouldering wall or fall from height!
- Think about how high you allow guests to climb and the additional risks involved - consider alternative, lower 'finishing holds'.

REMEMBER - CLIMBING HOLDS MAY SPIN OR BREAK